# Effects of TX-001HR on Uterine Bleeding Rates in Menopausal Women with Vasomotor Symptoms

Steven R Goldstein, MD<sup>1</sup>; Ginger D Constantine, MD<sup>2</sup>; David F Archer, MD<sup>3</sup>; James H Pickar, MD<sup>4</sup>; Shelli Graham, PhD<sup>5</sup>; Brian Bernick, MD<sup>5</sup>; Sebastian Mirkin, MD<sup>5</sup>

<sup>&</sup>lt;sup>1</sup>New York University School of Medicine, New York, NY

<sup>&</sup>lt;sup>2</sup>EndoRheum Consultants, LLC, Malvern, PA

<sup>&</sup>lt;sup>3</sup>Eastern Virginia Medical School, Norfolk, VA

<sup>&</sup>lt;sup>4</sup>Columbia University Medical Center, New York, NY

<sup>&</sup>lt;sup>5</sup>TherapeuticsMD, Boca Raton, FL

### Disclosures

- Advisory board: Abbvie, Allergan, IBSA, Pfizer, and TherapeuticsMD
- Consultant: Cook ObGyn and Cooper Surgical

## Uterine Bleeding with VMS Treatments

- Use of compounded bioidentical HT (CBHT) has become highly prevalent in the US since the 2002 WHI report<sup>1</sup>
  - An estimated 1 to 2.5 million US women use unapproved compounded products,<sup>1</sup> representing up to 21 to 39 million prescriptions annually<sup>1,2</sup>
- Uterine bleeding can be associated with endometrial pathology
  - Reports<sup>3-6</sup> and a NAMS survey (n=1064)<sup>7</sup> suggest an increase in uterine bleeding and endometrial hyperplasia/cancer with CBHT
- Compared with progestins, progesterone was shown to have less impact on the angiogenic/antiangiogenic balance in the endometrium<sup>8</sup>
- No HT product combining 17β-estradiol and progesterone is FDA approved

### REPLENISH Trial

- Endpoints: To evaluate endometrial safety (primary) and uterine bleeding (secondary) of four daily TX-001HR (E2/P4) doses versus placebo given in the REPLENISH trial to treat moderate-to-severe vasomotor symptoms
  - TX-001HR (TherapeuticsMD, Boca Raton, FL) is an investigational combination of 17β-estradiol and progesterone in a single, oral, softgel capsule
- **Design:** Randomized, double-blind, placebo-controlled, multicenter, phase 3 trial of TX-001HR in menopausal women with an intact uterus (NCT01942668)
  - 1-year endometrial safety study
  - 12-week efficacy substudy for the treatment of vasomotor symptoms

# Study Design: Randomization

### VMS substudy (12 wks)

- ≥7/day or ≥50/week moderate-to-severe hot flushes
- Randomized 1:1:1:1:1

### **Treatment Groups**

- 1.0 mg E2/100 mg P4
- 0.5 mg E2/100 mg P4
- 0.5 mg E2/50 mg P4
- 0.25 mg E2/50 mg P4
- Placebo

### **General study (12 mos)**

- Did not qualify for VMS substudy
- Randomized 1:1:1:1

- Both populations were assessed for general and endometrial safety
- Endometrial bleeding profiles, including cumulative amenorrhea (no bleeding or spotting) were assessed over thirteen 28-day cycles between treatment groups
  - All women completed diaries of daily bleeding (requiring sanitary protection) and spotting (not requiring sanitary protection) up to month 12

# Disposition and Demographics

1.0 mg E2/

100 mg P4

415

284 (68.4)

131 (31.6)

46 (11.1)

27 (6.5)

36 (8.7)

22 (5.3)

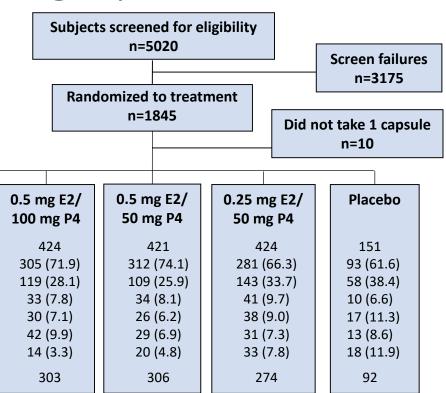
280

• 69% of women completed at 52 weeks

• Mean age: 55 years (40–66)

• Mean BMI: 27 kg/m<sup>2</sup>

• 65% were white and 32% black



#### Population, n (%) Safety

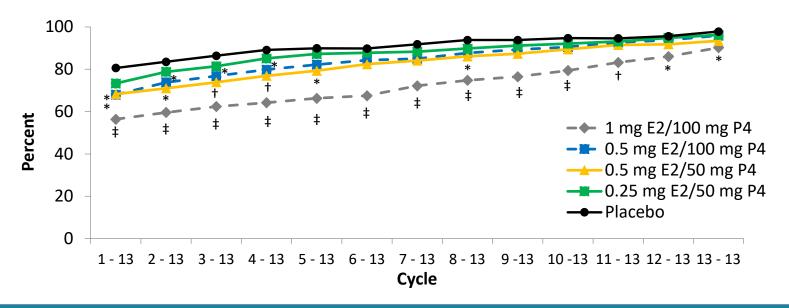
Completed at 52 weeks
Discontinued
Adverse event
Lost to follow-up
Subject withdrawal

**Endometrial Safety** 

Other\*

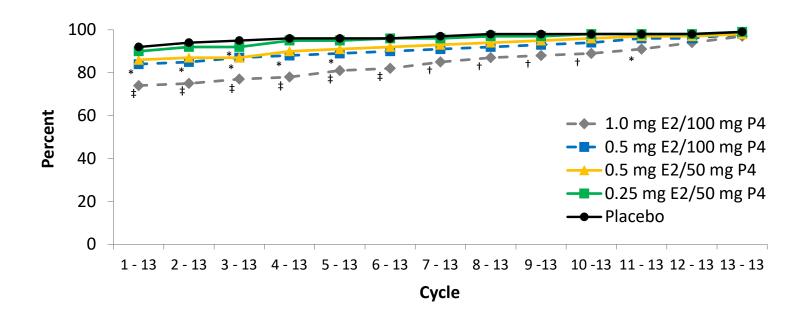
### Cumulative Amenorrhea

- Cumulative amenorrhea from cycle 1 to 13 was high with TX-001HR (56–73%), but lower than with placebo (81%), and increased over time
  - >90% had amenorrhea during cycle 13



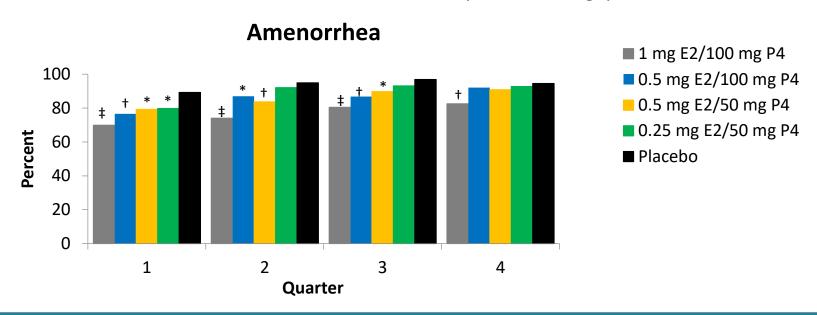
# Cumulative No Bleeding

Women with no bleeding was high (74–90%) with TX-001HR



## Amenorrhea per Quarter

- Percentages of women with amenorrhea
  - 70–80% with TX-001HR vs 89% with placebo during quarter 1
  - Increased to 83–93% with TX-001HR vs 95% with placebo during quarter 4



# **Endometrial Safety**

- Endometrial hyperplasia incidence was 0%
- No endometrial malignancies detected with any TX-001HR dose or placebo

Treatment, n (%)	Estradiol/Progesterone				Placebo
	1 mg/100 mg	0.5 mg/100 mg	0.5 mg/50 mg	0.25 mg/50 mg	
n	280	303	306	274	92
Hyperplasia at 12 months					
Incidence rate	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
1-sided upper 95% CI	1.06%	0.98%	0.97%	1.09%	3.20%
Proliferative endometrium*					
Screening	2 (0.7)	5 (1.7)	2 (0.7)	1 (0.4)	0 (0)
Month 12	8 (2.9)	5 (1.7)	1 (0.3)	3 (1.1)	0 (0)
Endometrial polyps					
Screening	5 (1.8)	7 (2.3)	5 (1.6)	5 (1.8)	0 (0)
Month 12	4 (1.4)	6 (2.0)	10 (3.3)	7 (2.6)	0 (0)

<sup>\*</sup>Includes proliferative endometrium and disordered proliferative endometrium.

## Adverse Events Related to Vaginal Bleeding

Few vaginal bleeding adverse events were reported

	Estradiol/Progesterone				
Vaginal bleeding TEAEs, n (%)	1 mg/100 mg (n=415)	0.5 mg/100 mg (n=424)	0.5 mg/50 mg (n=421)	0.25 mg/50 mg (n=424)	Placebo (n=151)
Postmenopausal hemorrhage	2 (0.5)	0	0	0	0
Uterine hemorrhage	3 (0.7)	1 (0.2)	1 (0.2)	0	0
Vaginal hemorrhage	14 (3.4)	10 (2.4)	3 (0.7)	8 (1.9)	1 (0.7)

Discontinuation due to bleeding was low

• TX-001HR: 0.5–1.45%

• Placebo: 0%

### Cumulative Amenorrhea Rates with HT

Based upon prescribing information or clinical data; not head-to-head comparison

Products	Doses	Cumulative Amenorrhea (%)
		Cycle 1 to Cycle 13
Prempro® (CEE/MPA)¹	0.625 mg / 5 mg 0.625 mg / 2.5 mg 0.45 mg / 1.5 mg 0.3 mg / 1.5 mg	26 23 42 45
Activella® (E2/NETA)²	1.0 mg / 0.5 mg	49
Angeliq® (E2/DRSP)³	1.0 mg / 0.5 mg	45
TX-001HR (E2/P4)	1.0 mg / 100 mg 0.5 mg / 100 mg 0.5 mg / 50 mg 0.25 mg / 50 mg	56 68 68 73
Placebo		81

CEE: conjugated equine estrogens; DRSP: drospirenone; MPA: medroxyprogesterone acetate; NETA: norethisterone acetate.

**<sup>1.</sup>** Prempro® tablets prescribing information. Wyeth Pharmaceuticals. **2.** Activella® tablets prescribing information. Novo Nordisk FemCare AG. **3.** Angeliq® Tablets prescribing information. Berlex.

### Conclusions

- Amenorrhea rates were high in users of TX-001HR
- This clinical trial provided evidence of endometrial safety with TX-001HR at 12 months
  - Absence of endometrial hyperplasia and cancer here should be considered in light of case reports of endometrial hyperplasia and cancer observed with compounded bioidentical HT use\*1-4
  - Endometrial safety observed with TX-001HR underscores the need for compounded bioidentical HT safety studies given their potential risks
- If approved, TX-001HR may be an appropriate alternative combination HT with E2/P4 for treating moderate-to-severe VMS
  - Especially in the estimated millions of menopausal women currently using less regulated and unapproved compounded bioidentical HT

<sup>\*</sup>Compounded bioidentical HT use ranged from unknown to several years; most were ~2 years.