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MENOPAUSE**

Midlife health in the 21<sup>st</sup> century

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# **17 $\beta$ -Estradiol/Progesterone in a Single Oral Softgel Capsule (TX-001HR) Significantly Reduced Moderate-to-Severe Vasomotor Symptoms without Endometrial Hyperplasia**



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# Disclosures

- **Commercial Interest:** TherapeuticsMD
- **What was Received:** Salary and stock
- **For What Role:** Employee

# Background

- Use of compounded bioidentical hormone therapy (CBHT) has become highly prevalent in the US since the 2002 WHI report<sup>1</sup>
  - An estimated 1 to 2.5 million US women use unapproved compounded products,<sup>1</sup> representing up to 21 to 39 million prescriptions annually<sup>1,2</sup>
  - Some compounded products may be associated with increased risks<sup>3</sup>
    - Reports<sup>4-7</sup> and a NAMS survey (n=1064)<sup>8</sup> suggest an increase in uterine bleeding and endometrial hyperplasia/cancer with CBHT
  - CBHT products are not FDA-approved<sup>9</sup> and NAMS/ACOG/ENDO societies<sup>10-12</sup> recommend against the use of CBHT
- No HT formulation combining 17 $\beta$ -estradiol and progesterone is FDA approved
- TX-001HR (TherapeuticsMD, Boca Raton, FL) is an investigational combination of 17 $\beta$ -estradiol and progesterone (sometimes referred to as bioidentical hormones) in a single, oral, softgel capsule<sup>13</sup>

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# REPLENISH Trial: Objective and Design

- **Objective:** To evaluate the efficacy and safety of four TX-001HR (estradiol [E2] combined with progesterone [P4]) doses versus placebo for the treatment of moderate-to-severe vasomotor symptoms (VMS)
- **Design:** Randomized, double-blind, placebo-controlled, multicenter, phase 3 trial of TX-001HR in menopausal women with an intact uterus (NCT01942668)
  - 1-year endometrial safety study and 12-week efficacy substudy for the treatment of VMS

# Key Inclusion Criteria

- Healthy menopausal women aged 40-65 years
- Intact uterus
- Body mass index  $\leq 34 \text{ kg/m}^2$
- Vasomotor symptoms associated with menopause
- Acceptable endometrial biopsy results

## VMS Substudy

- $\geq 7$ /day or  $\geq 50$ /week moderate-to-severe hot flushes

# Key Exclusion Criteria

- History of hyperplasia or neoplasia of hormone dependent tissues
- History of thrombosis of deep veins/arteries
- Abnormalities of the gastrointestinal system
- Abnormal function of other hormone producing glands
- Recent use of estrogen-, progestogen-, androgen-, SERM products
- Medications known to induce or affect estrogen and/or progestogen drug metabolism or activity

# Study Design: Randomization

## VMS substudy (12 wks)

- $\geq 7$ /day or  $\geq 50$ /week moderate-to-severe hot flushes
- Randomized 1:1:1:1:1

### Treatment Groups

- 1 mg E2/100 mg P4
- 0.5 mg E2/100 mg P4
- 0.5 mg E2/50 mg P4
- 0.25 mg E2/50 mg P4
- Placebo

## General study (12 mos)

- Did not qualify for VMS substudy
- Randomized 1:1:1:1

- TX-001HR was taken daily for 12 months (VMS substudy was 12 weeks)
- Both populations were assessed for general and endometrial safety
- All women completed a daily diary on the frequency and severity of their VMS through week 12

# REPLENISH Trial: Study Endpoints

Endpoints		Description
<b>Efficacy</b> •VMS substudy	<b>4 co-primary endpoints</b>	<b>VMS frequency (moderate-to-severe)</b> <ul style="list-style-type: none"> <li>• Mean change from baseline to week 4</li> <li>• Mean change from baseline to week 12</li> </ul> <b>VMS severity (moderate-to-severe)</b> <ul style="list-style-type: none"> <li>• Mean change from baseline to week 4</li> <li>• Mean change from baseline to week 12</li> </ul>
	Secondary	<ul style="list-style-type: none"> <li>• Mean change in frequency and severity of moderate-to-severe VMS from baseline for each week up to week 12</li> </ul>
<b>Safety</b> •All women who took ≥1 capsule	<b>Primary</b>	<ul style="list-style-type: none"> <li>• Incidence of endometrial hyperplasia with up to 12 months of treatment (in women with endometrial biopsies)</li> </ul>
	Secondary	<ul style="list-style-type: none"> <li>• Incidence of adverse events (AEs) and serious AEs</li> </ul>

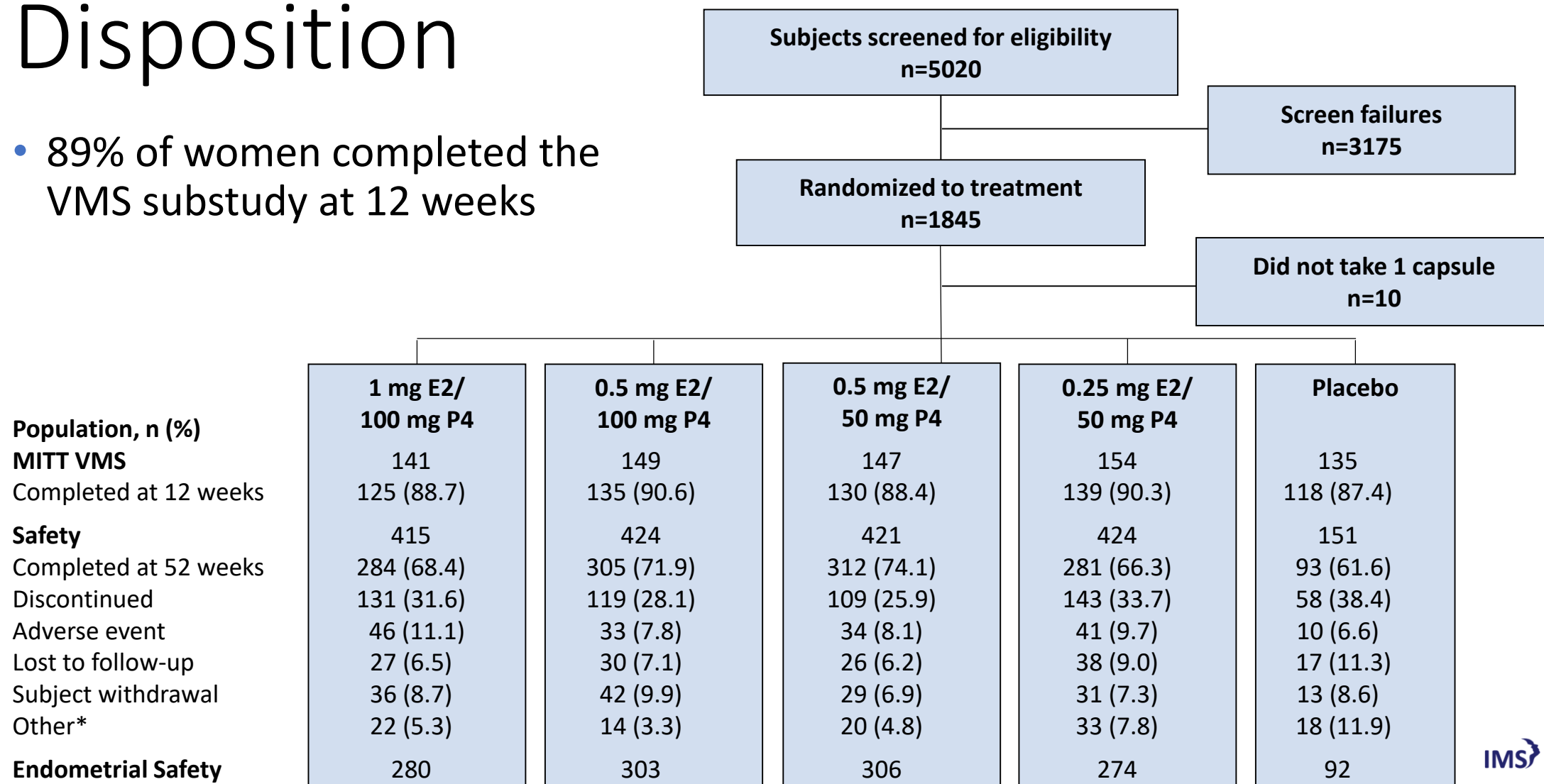


# Statistical Analyses

- Efficacy analyses were performed on the modified intent-to-treat (MITT) population of the VMS substudy
  - MITT VMS population included women who took  $\geq 1$  dose (2 capsules) of study treatment, had  $\geq 5$  days of VMS diary data at baseline, and  $\geq 4$  days of VMS diary data for 1 on-treatment week
  - Each TX-001HR dose was compared with placebo and tested for the 4 co-primary efficacy endpoints at alpha level 0.05 (two-tailed) using a mixed model repeated measures (MMRM) analysis
- Endometrial safety was analyzed in women who took  $\geq 1$  capsule, had an acceptable biopsy at baseline, and had a biopsy at month 12 or had a diagnosis of endometrial hyperplasia prior to month 12
- AEs and serious AEs were descriptively summarized in all women who took  $\geq 1$  capsule (safety population)

# Disposition

- 89% of women completed the VMS substudy at 12 weeks



\*Other included investigator decision, lack of efficacy, protocol deviation and other.

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# Demographics of VMS Substudy

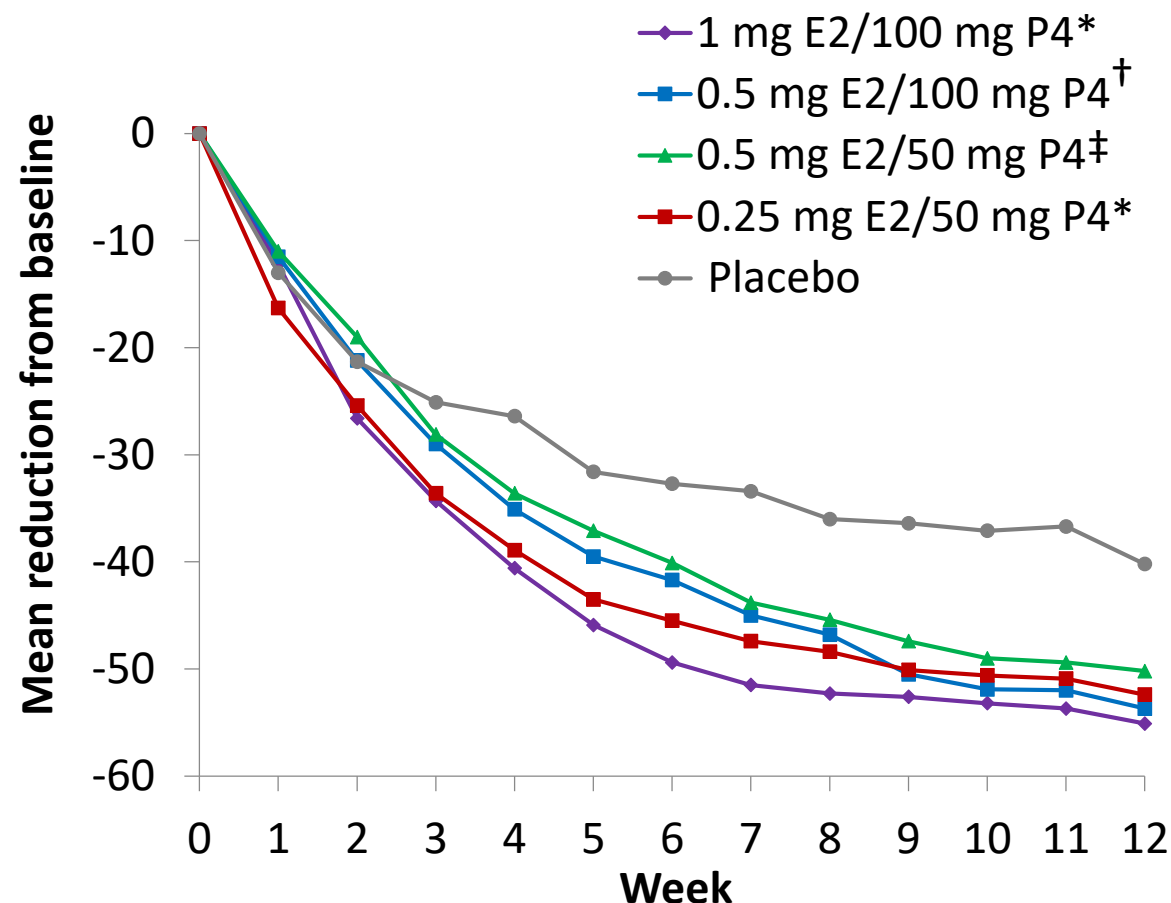
- Mean age: 55 years (range, 40 to 65) and mean BMI: 27 kg/m<sup>2</sup>
- 67% of the women were white and 31% were black

Parameter	Estradiol/Progesterone				Placebo
	1 mg/100 mg	0.5 mg/100 mg	0.5 mg/50 mg	0.25 mg/50 mg	
n	141	149	147	154	135
Age, y Mean ± SD	54.7 ± 4.8	54.9 ± 4.5	54.8 ± 4.6	54.5 ± 3.8	54.3 ± 4.3
Race, n (%)					
White	95 (67.4)	99 (66.4)	99 (67.3)	102 (66.2)	91 (67.4)
Black	45 (31.9)	48 (32.2)	43 (29.3)	48 (31.2)	41 (30.4)
Other	1 (0.7)	2 (1.3)	5 (3.4)	4 (2.6)	3 (2.2)
BMI, kg/m <sup>2</sup> Mean ± SD	26.5 ± 3.9	27.1 ± 4.3	26.6 ± 3.9	26.4 ± 4.0	26.6 ± 3.8



# Weekly Reduction in VMS Frequency

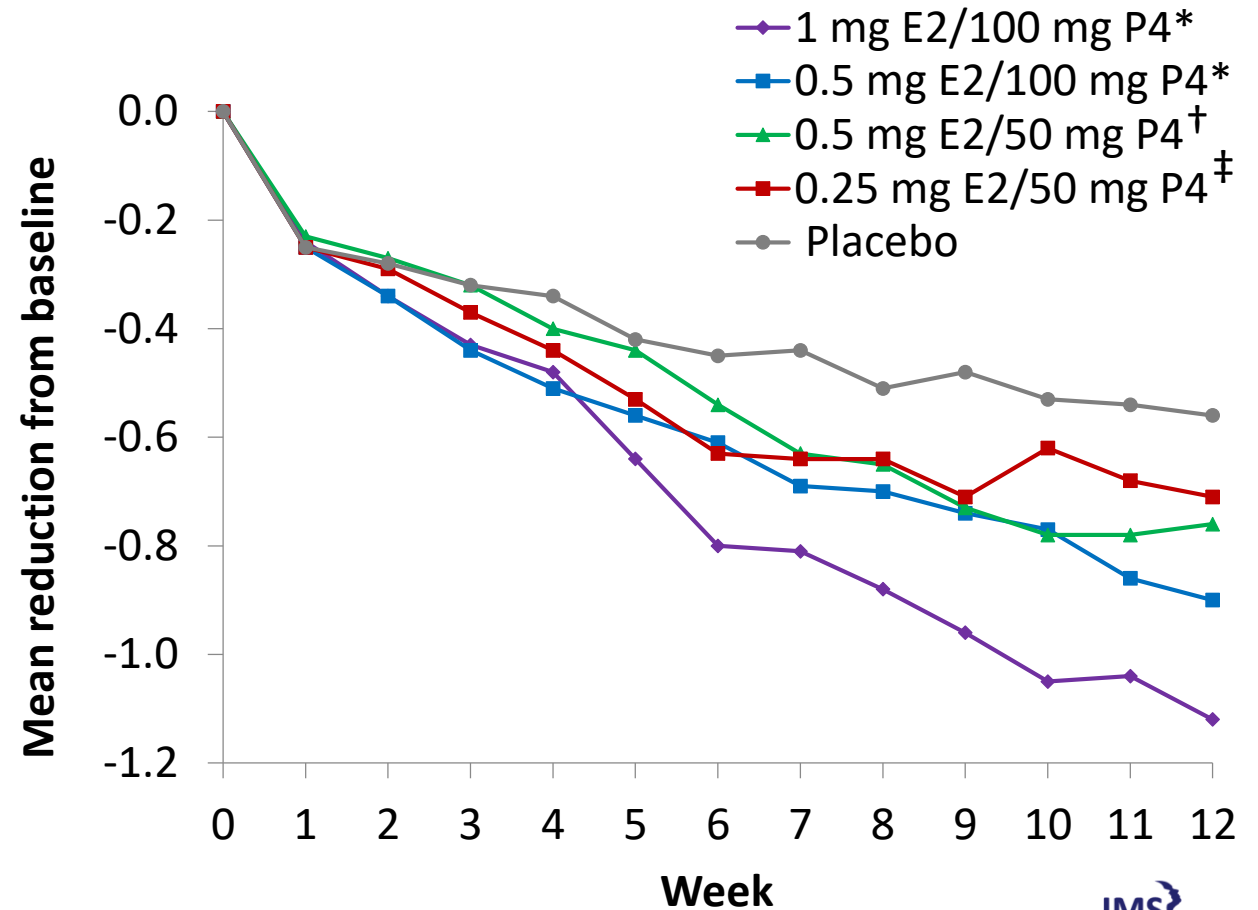
- All TX-001HR doses provided statistically significant and clinically meaningful<sup>1</sup> reductions in the weekly frequency of moderate-to-severe VMS from baseline at weeks 4 and 12 versus placebo
  - Except for 0.5 mg E2/50 mg P4, which reached significance at week 6
- Mean daily number of moderate-to-severe VMS decreased from 10–11/day at baseline to 2–4/day with TX-001HR (5/day for placebo) at week 12



$P < 0.05$  from \*Weeks 3–12; <sup>†</sup>Weeks 4–12; <sup>‡</sup>Weeks 6–12 vs placebo.

# Weekly Improvement in VMS Severity

- Doses 1 mg E2/100 mg P4 and 0.5 mg E2/100 mg P4 significantly improved the severity of VMS at weeks 4 and 12 compared with placebo
  - 0.5 mg E2/50 mg P4 was significant at weeks 7, 9–12
  - 0.25 mg E2/50 mg P4 was significant at weeks 6, 7 and 9

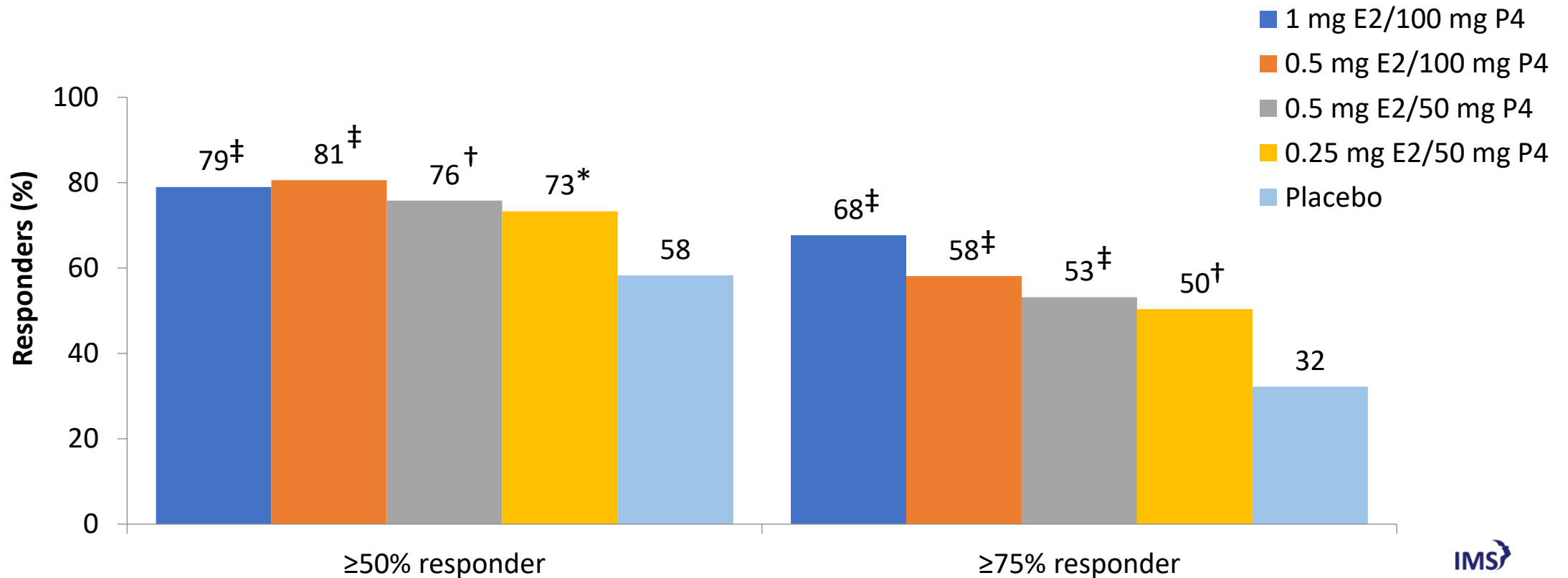


$P < 0.05$  from \*Weeks 3–12; †Weeks 7, 9–12; ‡Weeks 6, 7, 9 vs placebo.

Lobo RA et al. *Obstet Gynecol* 2018, In press.

# Responder Analysis

- Significantly more women had  $\geq 50\%$  or  $\geq 75\%$  reduction in their moderate-to-severe VMS frequency with TX-001HR than with placebo at 12 weeks



\* $P < 0.05$ ; † $P < 0.01$ ; ‡ $P \leq 0.001$  vs placebo.

Responders defined as  $\geq 50\%$  or  $\geq 75\%$  reduction in frequency of moderate-to-severe VMS from baseline to week 12.

Lobo RA et al. *Obstet Gynecol* 2018, In press.

# Endometrial Safety

- Endometrial hyperplasia incidence was 0%
- No endometrial malignancies detected with any TX-001HR dose or placebo at 12 months

Treatment, n (%)	Estradiol/Progesterone				Placebo
	1 mg/100 mg	0.5 mg/100 mg	0.5 mg/50 mg	0.25 mg/50 mg	
<b>n</b>	280	303	306	274	92
<b>Hyperplasia at 12 months</b>					
Incidence rate	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
1-sided upper 95% CI	1.06%	0.98%	0.97%	1.09%	3.20%
<b>Proliferative endometrium*</b>					
Screening	2 (0.7)	5 (1.7)	2 (0.7)	1 (0.4)	0 (0)
Month 12	8 (2.9)	5 (1.7)	1 (0.3)	3 (1.1)	0 (0)
<b>Endometrial polyps</b>					
Screening	5 (1.8)	7 (2.3)	5 (1.6)	5 (1.8)	0 (0)
Month 12	4 (1.4)	6 (2.0)	10 (3.3)	7 (2.6)	0 (0)

\*Includes proliferative endometrium and disordered proliferative endometrium.

# Safety Endpoints

- Incidence of TEAEs was low and most TEAEs were mild or moderate in severity
  - Most frequently reported TEAEs ( $\geq 5\%$ ) greater than placebo were headache, nasopharyngitis, breast tenderness, upper respiratory tract infection, nausea, back pain, abdominal pain
- Serious AEs reported were low and consistent with the age and population studied
- Minimal clinically meaningful changes in lipid, coagulation and glucose parameters
- No unexpected safety signals were observed

TEAE: treatment-emergent adverse event.



# Conclusions

Significant and clinically meaningful improvements versus placebo were observed with

- TX-001HR doses 1 mg E2/100 mg P4 or 0.5 mg E2/100 mg P4 in the frequency and severity of moderate-to-severe VMS at weeks 4 and 12
- TX-001HR 0.5 mg E2/50 mg P4 in the frequency of moderate-to-severe VMS by week 6 and severity at most time points from weeks 7 to 12
- TX-001HR 0.25 mg E2/50 mg P4 in the frequency, but not severity, of moderate-to-severe VMS at weeks 4 and 12

This TX-001HR clinical trial provided evidence of endometrial protection with all doses TX-001HR, if approved, would represent a new oral HT option for menopausal women with moderate-to-severe VMS who have an intact uterus

- TX-001HR may be a new option for the estimated millions of women currently using unapproved compounded BHT, which is associated with safety concerns