# Evaluation of Systemic Effects of a Vaginal Estradiol Softgel Capsule Insert (TX-004HR) in Menopausal Women with Moderate to Severe Dyspareunia

Lisa Larkin, MD¹; Andrew M Kaunitz, MD²; James Liu, MD³; Shelli Graham, PhD⁴; Brian Bernick, MD⁴; Sebastian Mirkin, MD⁴; Ginger D Constantine, MD⁵

<sup>1</sup>Lisa Larkin MD and Associates, Mariemont, OH; <sup>2</sup>University of Florida College of Medicine-Jacksonville, Jacksonville, FL; <sup>3</sup>University Hospitals Cleveland Medical Center, Cleveland, OH; <sup>4</sup>TherapeuticsMD, Boca Raton, FL; <sup>5</sup>EndoRheum Consultants, LLC, Malvern, PA

# Disclosures

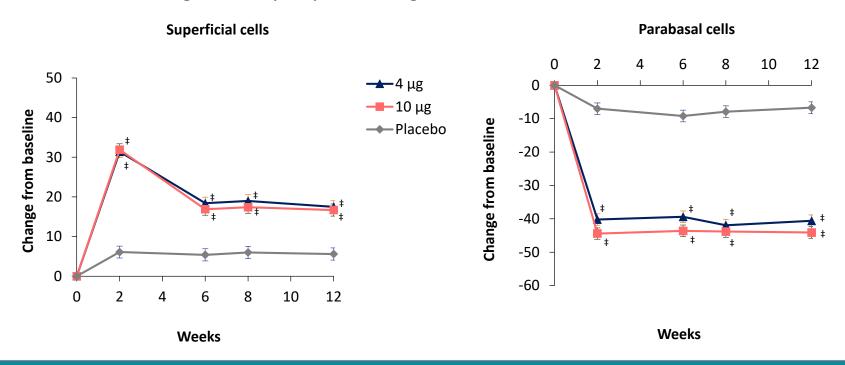
- Advisory board member: AMAG, Palatin Technologies, and Valeant
- Consultant: TherapeuticsMD
- Speaker's bureau: Valeant

# Background

- Up to 69% of postmenopausal women show clinical signs of vulvar and vaginal atrophy (VVA),<sup>1</sup> with ~50% reporting symptoms<sup>2,3</sup>
  - VVA can be persistent and can reduce quality of life<sup>4,5</sup>
- TX-004HR (IMVEXXY<sup>TM</sup> [4-µg and 10-µg doses]) are low-dose, softgel vaginal inserts
  of solubilized 17β-estradiol (E2) recently approved (May 2018) in the US to treat
  moderate to severe dyspareunia due to menopause<sup>6,7</sup>
- One goal of vaginal estrogen therapies is to minimize systemic absorption and potentially reduce related side effects<sup>8</sup>
- Pharmacokinetic data for TX-004HR show mean systemic E2 absorption with 4  $\mu g$  and 10  $\mu g$  to be similar to placebo and baseline, and generally within the postmenopausal range<sup>9</sup>

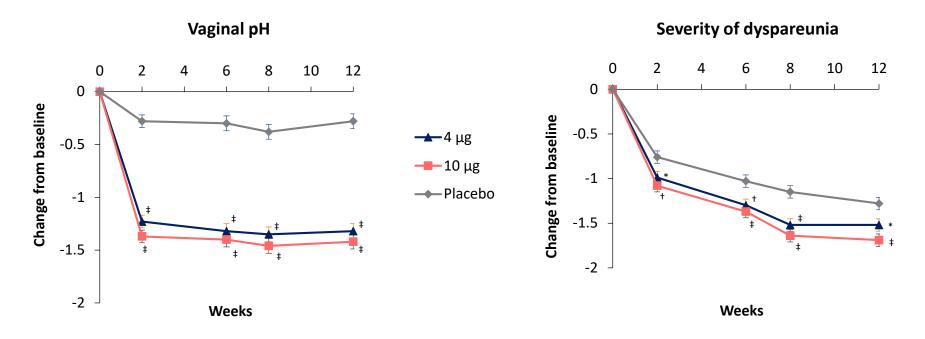
# REJOICE Trial: Co-Primary Efficacy Endpoints

TX-004HR significantly improved vaginal cells<sup>1,2</sup>



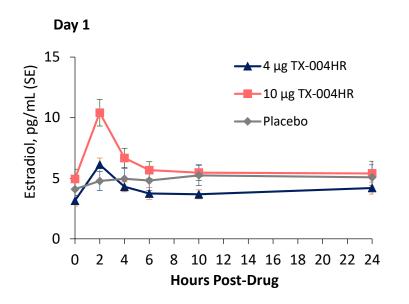
# REJOICE Trial: Co-Primary Efficacy Endpoints

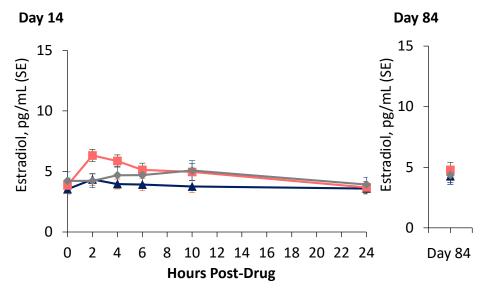
• TX-004HR significantly improved vaginal pH and dyspareunia severity<sup>1,2</sup>



## REJOICE Trial: Serum Estradiol Levels

• E2 absorption with 4  $\mu$ g and 10  $\mu$ g of TX-004HR was similar to placebo and baseline, and generally within the postmenopausal range

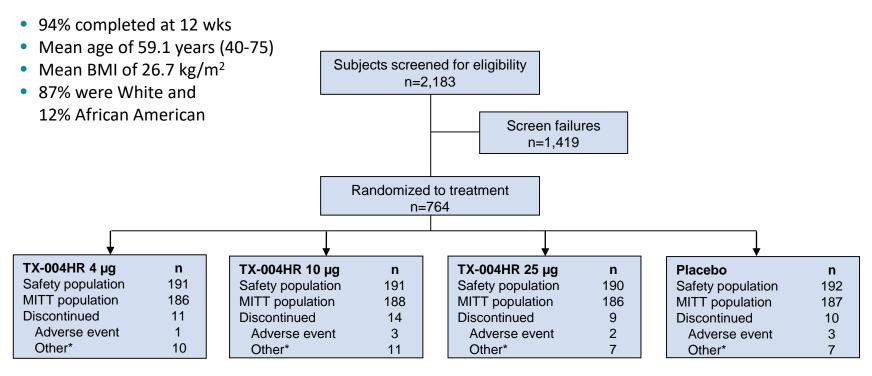




# Objective and Design

- Objective: This report summarizes the effects of TX-004HR on clinical outcomes (in the REJOICE trial) that may be influenced by systemic E2 absorption
- **Design:** REJOICE was a randomized, double-blind, placebo-controlled, multicenter, phase 3 trial of TX-004HR 4 μg, 10 μg, and 25 μg
  - Self-administered vaginally (1x daily for 2 weeks; 2x weekly for 10 weeks)
  - TEAEs of special interest were collected and summarized here (e.g., cardiovascular and breast events)
  - 12-lead ECGs and breast exams were performed at baseline and week 12
  - SHBG was measured at baseline and weeks 2 & 12 in a subset of women (n=72)

### REJOICE Trial: Disposition and Demographics



# Overall Safety

 No clinically significant differences in AEs were observed between treatment and placebo groups

Treatment-related TEAE ≥3% of any treatment arm	4 μg (n=191)	10 μg (n=191)	Placebo (n=192)
Headache	7 (3.7)	5 (2.6)	6 (3.1)
Vaginal discharge	5 (2.6)	6 (3.1)	12 (6.3)
Vulvovaginal pruritus	2 (1.0)	3 (1.6)	8 (4.2)

- No signal of estrogenic stimulation of the endometrium
  - No cases of endometrial hyperplasia or malignancies were reported
- No treatment-related serious AEs or deaths were reported
- All doses of TX-004HR were well tolerated

# Cardiovascular-related TEAEs

- Five cardiovascular TEAEs were reported; all were considered mild
- Only the 2 cases of palpitations were considered possibly related to treatment
- No CHD, VTE or other thrombotic episodes were reported

Cardiovascular TEAEs	4 μg	10 μg	Placebo
	(n=191)	(n=191)	(n=192)
Total	3	1	1
Complete heart block	0	0	0
Atrioventricular block first degree	1 (0.5)*	0	0
Palpitations	1 (0.5)	0	1 (0.5)
Sinus bradycardia	1 (0.5)*	0	0
Sinus node dysfunction	0	1 (0.5)	0

<sup>\*</sup>reported by the same individual

### Cardiovascular Outcomes

- **ECG findings**: No treatment-related, clinically significant adverse ECG changes
- Blood pressure
  - 2 women (4 μg group) had mild incident hypertension
    - One was considered possibly related to treatment
  - 3 women (n=1 each; 4 μg, 10 μg, placebo) had mild blood pressure increases
    - One was considered not treatment related (10 μg)
    - Two were considered possibly related

#### Chemistry-related TEAEs

- 2 women (n=1 for 4 μg, n=1 for 10 μg) had incident hypercholesterolemia
- 3 women (n=1 for 10 μg, n=2 for placebo) had triglycerides increases

#### Breast-related TEAEs

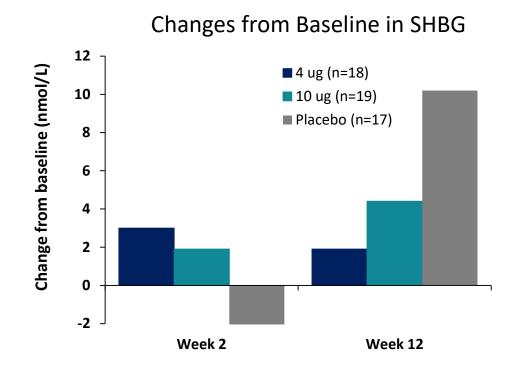
- Seven breast-related TEAEs were reported
  - All but two were considered as possibly or probably related to treatment
  - 6 were in the placebo group
  - Breast tenderness was reported in 1 case taking 10-μg dose
- No other clinically significant breast events were reported

Breast TEAEs	4 μg (n=191)	10 μg (n=191)	Placebo (n=192)
Total	0	1	6
Breast discomfort	0	0	1 (0.5)
Breast mass (benign breast nodule)	0	0	1 (0.5)*
Breast pain	0	0	2 (1)
Breast tenderness	0	1 (0.5)	0
Fibrocystic breast disease	0	0	2 (1)*

<sup>\*</sup>not considered related to treatment.

# Sex Hormone Binding Globulin (SHBG)

- Changes with TX-004HR were comparable to changes with placebo
- No dose-related pattern was apparent



#### Conclusions

- No clinically meaningful differences in TEAEs or treatment-related TEAEs
  of special interest were observed between TX-004HR and placebo
  - Cardiovascular or thrombotic events, blood pressure, cholesterol or triglycerides levels
  - Breast-related events
- No evidence of estrogen-related clinical outcomes such as an increase in serum SHBG suggesting significant systemic absorption
- No evidence of systemic effects of the E2 vaginal insert TX-004HR was observed in the 12-week REJOICE trial
- These safety data in conjunction with the improved moderate to severe dyspareunia efficacy data and minimal E2 absorption support a local effect of the TX-004HR E2 vaginal insert