## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden hours per response 0.5

| 1. Name and Addres                        | 1 0           | n*       | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br><u>TherapeuticsMD, Inc.</u> [TXMD] | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable) |   |  |  |  |  |
|---|---------------|----------|--|--|---|--|--|--|--|
| <u>Milligan John C.K. IV</u>              |               |          |  | X  | Director  | 10% Owner  |  |  |  |
| (Last)                                    | (First)       | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year)   |  | Officer (give title below)                      | Other (specify below)  |  |  |  |
| 6800 BROKEN SOUND PKWY NW, THIRD<br>FLOOR |               | ( )      | 10/23/2018   | President/Secretary  |   |  |  |  |  |
| (Street)                                  |               |          | 4. If Amendment, Date of Original Filed (Month/Day/Year)                                 | 6. Indiv<br>Line)  | idual or Joint/Group Filin                      | g (Check Applicable  |  |  |  |
| BOCA RATON                                | FL            | 33487    |  | X  | Form filed by One Rep<br>Form filed by More tha | , and a second s |  |  |  |
| (City)                                    | (State) (Zip) |          |  |  | Person  |  |  |  |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transa<br>Code (<br>8) |   |         |               |                              | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Reported | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |  |
|---------------------------------|--|---|------------------------------|---|---------|---------------|------------------------------|---|---|---|--|--|
|                                 |  |   | Code                         | v | Amount  | (A) or<br>(D) | Price                        | Transaction(s)<br>(Instr. 3 and 4)  |   | (1130.4)  |  |  |
| Common Stock                    | 10/23/2018                                 |   | М                            |   | 125,000 | A             | \$0.1018                     | 1,597,419   | D   |   |  |  |
| Common Stock                    | 10/23/2018                                 |   | <b>S</b> <sup>(1)</sup>      |   | 125,000 | D             | \$5.33 <sup>(2)</sup>        | 1,472,419   | D   |   |  |  |
| Common Stock                    | 10/24/2018                                 |   | М                            |   | 125,000 | A             | \$0.1018                     | 1,597,419   | D   |   |  |  |
| Common Stock                    | 10/24/2018                                 |   | <b>S</b> <sup>(1)</sup>      |   | 125,000 | D             | <b>\$5.37</b> <sup>(3)</sup> | 1,472,419   | D   |   |  |  |
| Common Stock                    |  |   |                              |   |         |               |                              | 434,814   | I   | See<br>footnote <sup>(4)</sup>                                    |  |  |
| Common Stock                    |  |   |                              |   |         |               |                              | 3,557,373   | I   | See<br>footnote <sup>(5)</sup>                                    |  |  |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| (3, p,,   |   |  |   |                              |   |                                     |  |  |                    |   |                                     |   |  |  |  |
|---|---|--|---|------------------------------|---|-------------------------------------|--|--|--------------------|---|-------------------------------------|---|--|--|--|
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)       | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | Deri<br>Sec<br>Acq<br>or D<br>of (I | umber of<br>vative<br>urities<br>uired (A)<br>visposed<br>D) (Instr.<br>and 5) | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amount<br>of Securities<br>Underlying<br>Derivative Security<br>(Instr. 3 and 4) |                                     | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |   |  |   | Code                         | v | (A)                                 | (D)  | Date<br>Exercisable  | Expiration<br>Date | Title   | Amount<br>or<br>Number<br>of Shares |   | (Instr. 4)   |  |  |
| Non-<br>Qualified<br>Stock<br>Option<br>(right to<br>buy) | \$0.1018  | 10/23/2018                                 |   | М                            |   |                                     | 125,000  | 01/01/2012   | 01/01/2019         | Common<br>Stock   | 125,000                             | \$0   | 1,157,255  | D  |  |
| Non-<br>Qualified<br>Stock<br>Option<br>(right to<br>buy) | \$0.1018  | 10/24/2018                                 |   | М                            |   |                                     | 125,000  | 01/01/2012   | 01/01/2019         | Common<br>Stock   | 125,000                             | \$0   | 1,032,255  | D  |  |

#### Explanation of Responses:

1. The sales were made pursuant to the Reporting Person's 10b5-1 trading plan with respect to shares of Common Stock underlying options to purchase Common Stock that expire on or before January 1, 2019. 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$5.15 to \$5.435, inclusive. The reporting person undertakes to provide Therapeutics/MD, Inc. (the "Company"), any security holder of the Company, or the staff of the Securities and Exchange Commission upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$5.18 to \$5.535, inclusive. The reporting person undertakes to provide the Company, any security holder of the Company, or the staff of the Securities and Exchange Commission upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

4. By the Milligan Irrevocable Nonexempt Trust - 2014. These securities are held in a trust for the benefit of the Reporting Person's spouse and children. The Reporting Person disclaims beneficial ownership of these securities and the filing of this report is not an admission that the Reporting Person is the beneficial owner of these securities for purposes of Section 16 or for any other purpose. 5. By John C.K. Milligan Revocable Trust U/A 08/10/2009, as amended.

#### <u>/s/ John C.K. Milligan</u>

\*\* Signature of Reporting Person

10/25/2018

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.