# Evidence of Low Androgenicity and Little Impact on Sexual Function or Activity with Annovera™, a Novel Contraceptive Vaginal System Releasing Segesterone Acetate and Ethinyl Estradiol

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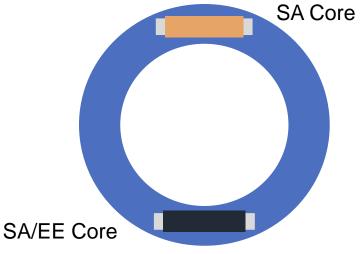
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## Disclosures

- Advisory board member: AMAG
- **Consultant**: Dare, JDS Therapeutics, Sprout, Strategic Scientific Technologies (SST), TherapeuticsMD, and Proctor & Gamble
- Writing support: AMAG and TherapeuticsMD

## Background

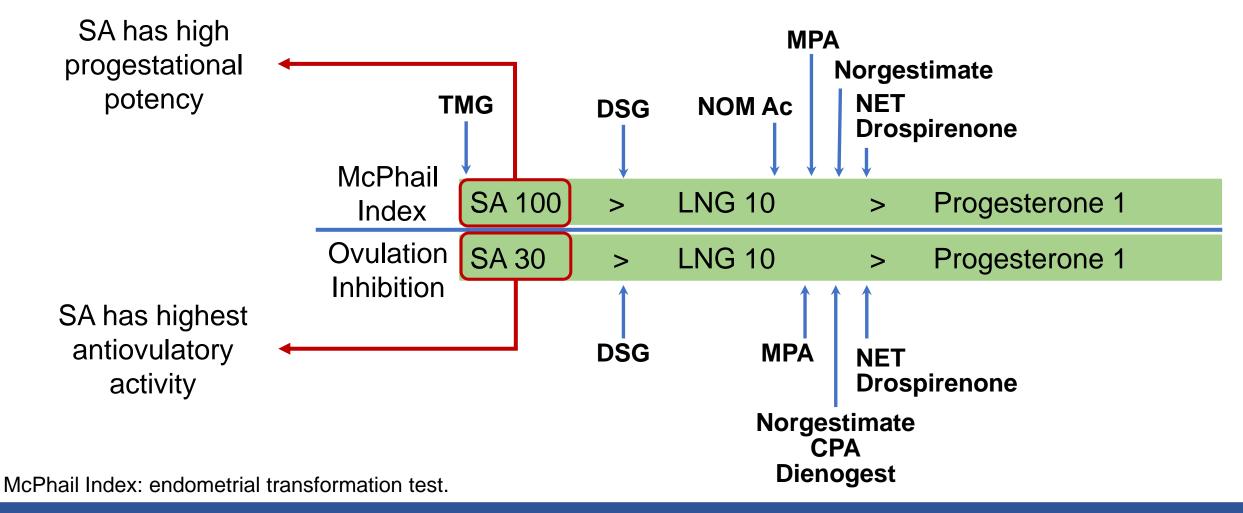
- Combined hormonal contraceptives (CHCs) may impact sexual function, in part due to interaction of the progestin component with the androgen receptor
- Some CHCs have been previously reported to decrease or increase libido
- Annovera<sup>™</sup> is a new contraceptive vaginal system (CVS) recently approved by the FDA (August 2018)
  - Ring-shaped CVS
  - Releases 150 mcg segesterone acetate (SA) and 13 mcg ethinyl estradiol (EE) per day
  - 21-day in, 7-day out pattern for up to 1 year (13 cycles)
  - PEARL index: 2.98 (women ≤35 years of age)



## Objective

- To review evidence from preclinical studies investigating the androgenicity of the SA component of the CVS
- To report the impact of the CVS on sexual function or activity in women who used the CVS for 1 year during a multi-country phase 3 trial

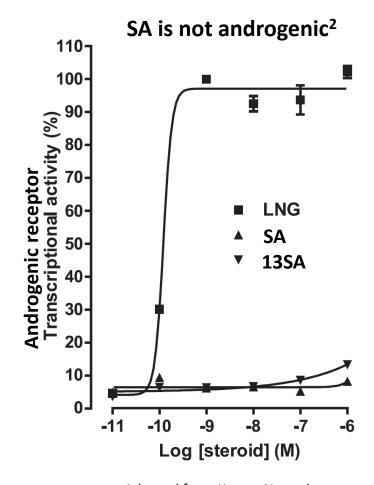
## Progestational Effects of Progestins



Adapted from Sitruk-Ware R. *Menopause* 2002;9:6-15. CPA: cyproterone acetate; DSG: desogestrel; LNG: levonorgestrel; MPA: medroxyprogesterone acetate; NET: norethisterone; NOMAc: nomegestrol acetate; TMG: trimegestone; SA: segesterone acetate.

## SA Preclinical Data Summary

- No androgenic or estrogenic effect,<sup>1,2</sup> does have antiestrogenic activity<sup>1</sup>
  - Androgenic progestins such as LNG have agonist activity at the androgen receptor and stimulate androgenic target tissues<sup>1,2</sup>
- Not orally active, not bound to SHBG<sup>1</sup>
- No glucocorticoid effect at contraceptive doses<sup>1</sup>



Adapted from Kumar N, et al. *Endocrinology.* 2017; 158:170-182.

13SA: 13 ethyl SA; AR: androgen receptor; LNG: levonorgestrel; SA: segesterone acetate; SHBG: steroid hormone binding globulin.

## Does the SA/EE CVS Impact Sexual Function?

- Phase 3 clinical trial at 12 sites in US, Latin
  America, Europe, and Australia (2006-2009)
- CVS was used for 13 cycles: 21 days in and
  7 days out during each cycle
- Participants completed a questionnaire, that included sexual domain questions
  - At baseline and study end
  - 80% (905/1135) of women completed the questionnaire
  - Mean age 27 years; most were white (80%) and had at least some college education (63%)

#### **Inclusion Criteria**

- Healthy, sexually active women
- 18 to 40 years old
- Body mass index <29 kg/m<sup>2</sup>
- No medical contraindications to CHC use
- Not sterilized
- No use of monthly injectable contraceptives ≤2 months of study initiation or DMPA use ≤6 months

## Sexual Health Questions

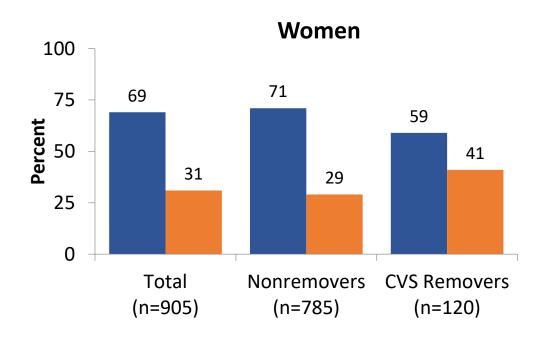
Questions	Choices
1. Feel ring during sex?	Never or ever
2. Partner feels ring during sex?	Never, ever, or don't know
3. Change in frequency of sex?	No change or increased, decreased
4. Change in sexual pleasure?	No change or increased, decreased
5. Ring affects partner sexual pleasure?	Never, ever, or don't know

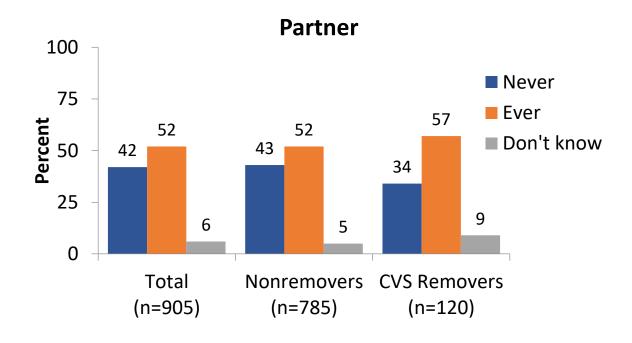
- Results were stratified as "CVS removers" (n=120, removed CVS for >2 hours per cycle outside of scheduled removal periods) versus "nonremovers" (n=785)
- Women who removed the CVS >2 unscheduled hours in a cycle were 4 times more likely to get pregnant than nonremovers
  - OR 4.07 (95% CI 1.58-10.50)

# Feel the Ring (CVS) During Sex?

- 31% of women could feel the ring during sex
  - Feeling the ring was associated with CVS removal >2 h (P=0.012)

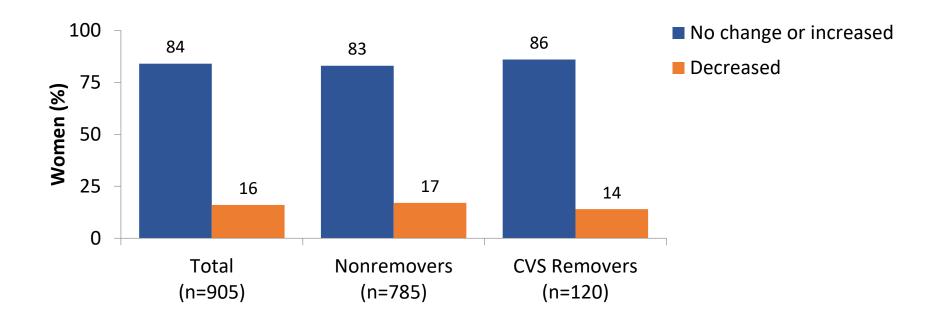
 About half of partners could feel the CVS during sex





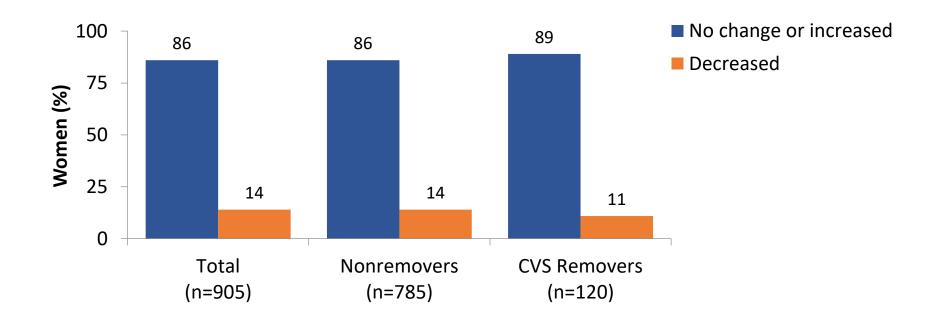
# Change in Frequency of Sex

• Frequency of sex increased or did not change in the majority of CVS users



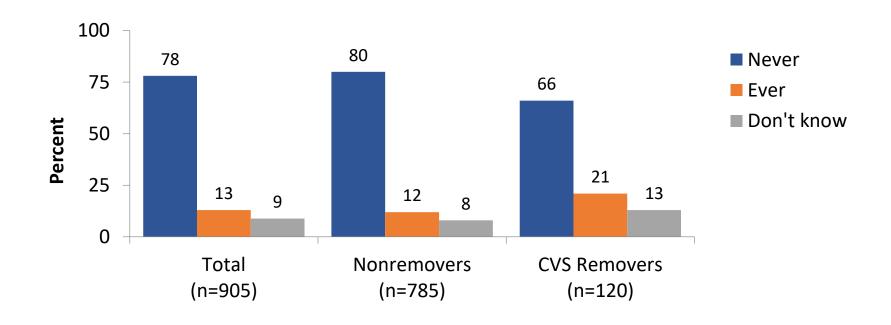
## Change in Sexual Pleasure

• In most CVS users, sexual pleasure increased or did not change



## Ring (CVS) Effects on Partner's Sexual Pleasure

- In most users, the CVS did not affect their partner's sexual pleasure
  - Effects of the ring on a partner's sexual pleasure was associated with ring removal >2 h (P=0.002)



## Conclusions

- Binding affinity and animal studies show that the SA component of Annovera was not associated with androgenic effects that are potentially detrimental to sexual function<sup>1-3</sup>
  - SA is a strong progesterone receptor agonist with no androgenic properties
- In a phase 3 trial, the CVS did not have a negative impact on sexual function and activity<sup>4</sup>
  - Majority of women (>80%) reported increased or unchanged
    - Frequency of sex
    - Sexual pleasure